

# SAINT LOUIS AREA BEREAVEMENT SUPPORT GROUPS AND RESOURCES

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## Central Saint Louis

Group Name	Location	Meeting Day/Time	Contact
Life Crisis			314-647-4357 314-647-3100
Cancer Bereavement Support Group for Bereaved Caregivers	The Wellness Community 1058 Old Des Peres Rd. St. Louis, MO 63131	Bimonthly – call for more information	Charli Prather-Levinson 314-238-2000
Good Grief	Forest Park Hospital 6150 Oakland Avenue St. Louis, MO 63139	Every other Thursday of the month In the Doctor's Dining Room 10am – 11:30am	Carla Saleh 314-768-3715
Grief Support Group and Legacy Social Gatherings	12101 Woodcrest Exec. Drive Suite 102 St. Louis, MO 63141	4-Six week sessions: Feb-March May-June Aug-Sept Nov-Dec 1:30-3:30 PM, social gatherings bimonthly	Bereavement Department for support group information 314-453-0990  Kelly for social gathering information 636-327-4018
Journey Through Grief	Lutheran Church of Webster Gardens 8773 Watson Road Webster Groves, MO 63119	1 <sup>st</sup> Wednesday each month In the Youth and Community Center 1pm – 2:30pm	Pat Sprick 314-729-9919

Sharing Loss Through Bereavement	1187 Corporate Lake Drive Suite 200 St. Louis, MO 63132	1 <sup>st</sup> and 3 <sup>rd</sup> Monday each month 1pm – 2:30pm	Judy Custer 314-989-2821
Threshold Widow and Widowers Group Ages 30-60	BJC Hospice 9890 Clayton Road St. Louis, MO 63125	2 <sup>nd</sup> Tuesday of the month 7-8:30pm at Trinity Presbyterian Church in University City	Suzanne Doyle 314-953-1806 or Dale Chavis 314-953-1782
AARP Grief & Loss	Miss Sherry's Manchester Rd. Rock Hill, MO	2 <sup>nd</sup> Thurs. of each month @ 5pm	Dotty Dube 636-394-2521
St. Louis Widowed Social Group	Manchester Methodist Church  Divine Science Church of Crestwood	1 <sup>st</sup> and 3 <sup>rd</sup> Tues. of each month 6pm	Pat Powers 636-227-5946
LIFT Social Group	St. Louis area; locations vary	4 <sup>th</sup> Tuesday of the month luncheon at different locations; other events held throughout the year	Lee Fehler 618-233-3108

## North Saint Louis

<b>Group Name</b>	<b>Location</b>	<b>Meeting Day/Time</b>	<b>Contact</b>
Grief Share	Trinity Tabernacle Assembly 11950 Mark Twain Dr Bridgeton, MO 63044		Laurie Askew 314-614-3626
AARP Grief and Loss and DePaul Health Center	Bridgeton Trails Library 3455 McKelvey Bridgeton, MO 63044	3 <sup>rd</sup> Tuesday each month 11:30am	David Boyle, Chaplain 314-344-6873 Annett Quante 314-576-1928 Mary Serbi 314-434-0354
A Way with Words	8011 Ellerton Saint Louis, MO 63114	4 <sup>th</sup> Saturday each month in the Clubhouse 12:30pm	Ms. Ford 314-838-8603
North County Grief Ministry		Group currently inactive, but individual counseling offered – call for more info	Deacon Bob 314-921-8300 (office) 314-837-3300 (home)

## South Saint Louis

<b>Group Name</b>	<b>Location</b>	<b>Meeting Day/Time</b>	<b>Contact</b>
AARP Grief and Loss	Hometown Buffet 7289 Watson Road St. Louis, MO 63119	3 <sup>rd</sup> Friday of the Month 11:00 AM	Beatrice Parks 314-481-5157
AM HEART Hospice	4372 Casa Brazilia St. Louis, MO 63129	6 Week Sessions Spring and Fall	Rev. Myra 314-894-8189
St. Anthony's Support Group: Newly Bereaved	St. Anthony's Hospice  10016 Kennerly Rd. St. Louis, MO 63128  Anthony House Building, meet in the library	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday of each month 10:00-11:30 AM Designed For 6 sessions for individuals newly bereaved within 6 months	Lisa Wagner 314-525-7346
St. Anthony's Support Group: Open Grief Support	St. Anthony's Hospice 10016 Kennerly Rd. St. Louis, MO 63128  Anthony House Building, meet in the library	Daytime Group meets 2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday of the month 1:00-2:30 PM Evening Group Meets 1 <sup>st</sup> and 3 <sup>rd</sup> Wednesday of each month from 6:30-8:00 PM.	Diane Hans 314-525-7384  Dianne Emily 314-525-7344
St. Louis Widowed (social group, not grief or bereavement counseling)	Divine Science Crestwood Church 9525 Eddie & Park Rd. St. Louis, MO	1 <sup>st</sup> Tuesday of each month @ 6 pm (potluck)	Pat 636-227-5946  Ginny Eckert 314.631.7202
St. Louis Widowed (social group, not grief or bereavement counseling)	Manchester Methodist Church 129 Woods Mill Creve Coeur, MO	3 <sup>rd</sup> Tuesday of each month @ 6 pm (potluck)	Pat 636-227-5946  Ginny Eckert 314.631.7202
St. Louis Widowed (social group) game night and potluck	Kirkwood United Methodist Church 201 W Adams Ave Kirkwood, MO 63122	2 <sup>nd</sup> and 4 <sup>th</sup> Saturday of each month at 5pm, \$2 fee	Pat 636-227-5946  Ginny Eckert 314.631.7202

St. Louis Widowed luncheons and cards: Men's luncheon	Uncle Bill's 14196 Manchester Rd Ballwin, MO	2 <sup>nd</sup> and 4 <sup>th</sup> Thursday of each month, 11:15am	Bob Koop 314-878-1459
Women's luncheon	Hometown Buffet 7597 S Lindbergh Blvd Saint Louis, MO 63125	4 <sup>th</sup> Thursday of each month, 11am-3pm	Pat 636-227-5946
St. Louis Widowed Friendship Table	Hometown Buffet 7597 S Lindbergh Blvd Saint Louis, MO 63125  Miss Sheris Cafeteria 5406 Southfield Ctr Saint Louis, MO 63123	Fridays at 4:30pm  Wednesdays at 4:30pm	Pat 636-227-5946

## Jefferson County

<b>Group Name</b>	<b>Location</b>	<b>Meeting Day/Time</b>	<b>Contact</b>
Grief Share	First Baptist Church of Arnold 2012 Missouri State Rd. Arnold, MO 63010	13 week session, beginning at various times on Wednesdays 6:30pm	Darlene Trumbo 636-464-3170
Jefferson Regional Medical Center General Grief & Support Group	Jefferson Regional Medical Center Hwy. 61-67 and I-55 Crystal City, MO 63019  Conference Room E	1 <sup>st</sup> and 3 <sup>rd</sup> Monday each month @ 1pm	Dennis Heck, Chaplain 636-933-1325

## Saint Charles County

<b>Group Name</b>	<b>Location</b>	<b>Meeting Day/Time</b>	<b>Contact</b>
SHARE (for those coping with death of a newborn or miscarriage/stillbirth)	402 Jackson St. St. Charles, MO 63301	2 <sup>nd</sup> Tuesday of each month @ 7 pm	Cathy Lammert 636-947-6164
Continuing Care and Support Programs	Baue Funeral Home 620 Jefferson Street Saint Charles, MO 63301	6 week support groups—call for more information	Cody Butry 636-328-0878

## Illinois

<b>Group Name</b>	<b>Location</b>	<b>Meeting Day/Time</b>	<b>Contact</b>
Occasional workshops throughout the year	Gateway Hospice 2100 Madison Ave. Granite City, IL 62040		Thomas (Chaplain) 618-798-3557
Starting Over	Our Lady of the Snows 442 South Demazenod Belleville, IL 62223	Meet in Spring and Fall for 6 weeks on Sunday 2 – 4pm (Spring starting 2/22/09 & Fall being in 09/09)	Fran Caldwellwest 618-632-3899 618-772-8391

## Parents

<b>Group Name</b>	<b>Location</b>	<b>Meeting Day/Time</b>	<b>Contact</b>
Aching Arms (parents who have lost a child of any age)	Family Hospice of Bellville (Illinois) 5110 W. Main St. Bellville, IL 62226	1 <sup>st</sup> Monday of each month @ 6:30 pm	Kris Grawitch or Diana Cuddeback 618-277-1800
Bereaved Parents of the USA (for those coping the loss of children and adult children)	6 metro area locations	Varies	Hotline 314.878.0890 www.bpusastl.org
Mercy Heartprints (for families who have	St. John's Mercy Medical Center	2 <sup>nd</sup> Wed. of each month @ 7pm &	Maggie Loyet 314.251.6878

experienced the loss of a baby)	615 S. New Ballas Creve Coeur, MO 63140	4 <sup>th</sup> Tues. of each month @ 10am	
Parenting Alone	Family Hospice of Bellville (Illinois) 5110 W. Main St. Bellville, IL 62226	1 <sup>st</sup> Monday of each month @ 6:30 pm	Kris Grawitch or Diana Cuddeback 618-277-1800
Parents of Murdered Children	St. Alexius Hospital 3933 S. Broadway St. Louis, MO 63118	3 <sup>rd</sup> Tues. of each month @ 7:30pm	Mata Weber 618.972.0429
SHARE (for those coping with death of a newborn or miscarriage/stillbirth)	402 Jackson St. St. Charles, MO 63301	2 <sup>nd</sup> Tuesday of each month @ 7pm	Cathy Lammert 636-947-6164
SIDS RESOURCES	135 W Monroe Kirkwood, MO 63122	3 <sup>RD</sup> Mondays 7PM	Sarah Price 314-822-2323

## Children

<b>Group Name</b>	<b>Location</b>	<b>Meeting Day/Time</b>	<b>Contact</b>
Children Living After Suicide			Sue Hood 636-397-1804
Continuing Care and Support Programs	Baue Funeral Home 620 Jefferson Street Saint Charles, MO 63301	6 week support groups – call for more information	Cody Butry 636-328-0878
Compass Activities Group Preteens & teens	Family Hospice of Bellville (Illinois) 5110 W. Main St. Bellville, IL 62226	1 <sup>st</sup> Saturday of each month	Kris Grawitch or Diana Cuddeback 618-277-1800
Ongoing Support Groups:  -Little Bears: 2-7 years -Shooting Stars: Elementary school -Rhapsody: Preteens -Brat Pack: Teens	Family Hospice of Bellville (Illinois) 5110 W. Main St. Bellville, IL 62226	1 <sup>st</sup> Monday of each month @ 6:30 pm	Kris Grawitch or Diana Cuddeback 618-277-1800
Safe Space Support Group Adolescents 11-17 years	St. Anthony's Hospice 10016 Kennerly Rd.  St. Louis, MO 63128  Anthony House Building	2 <sup>nd</sup> Saturday of each month 10 am until noon	Diane Hans 314-525-7384
St. Louis Bereavement Center for Kids	Annie's Hope 1333 W. Lockwood Ave. #104 St. Louis, MO 63122	Teen Retreat, Camp Courage for children 6 – 8 years old, and 8 week long family centered support groups	Rebecca Sloan-Byrne 314-965-5015 www.annieshope.org
Stepping Stones Grief Camp	BJC Hospice 9890 Clayton Road St. Louis, MO 63124	Bereavement camp for children 6 – 12 years old; held in August	Dale Chavis 314-953-1782 or 314- 872-5050
Labrynth Teen Retreat	BJC Hospice 9890 Clayton Road St. Louis, MO 63124	Teen Retreat for Teens 13- 19; held twice a year Spring and Fall	Dale Chavis 314-953-1782 or 314-872-5050

Ongoing Support Groups for Children and Families Family Centered Program for 3 yrs – 18 yrs Young Adults Group for 19 yrs – 30 yrs	Missouri Baptist Grief Support Center 3031 N. Ballas Road St. Louis, MO 63131	Every other week – call for more information Free of Charge	Mary Schrader 314-997-5057
The Kids Clubhouse	320 Forsyth Blvd. Clayton, MO 63105		Keri McCann 314-721-1144

## Grief Counselors

<b>Group Name</b>	<b>Location</b>	<b>Meeting Day/Time</b>	<b>Contact</b>
Care and Counseling	12141 Ladue Rd. St. Louis, MO 63141		314-878-4340
Center for Counseling and Family Therapy	3740 Lindell Blvd. St. Louis, MO 63103	Sliding scale fees	314-977-2505
COMTREA Family Counseling	120 N. Mill Festus, MO 63028 Main Office: 227 Main St. Festus, MO 63028		636-931-2700
Denise Thurmund		Specializes in terminal illness/cancer/ALS	314-999-2630
Donna Peterson, MA, MFT	2362 Cedar Lake Dr. Maryland Heights, MO 63043		314-434-9176
Eddie Dorr		Specializes with teenage boys	314.645.6686
Haelan Center, Circles of Hope	7349 Dale Avenue Richmond Heights, MO 63117		Dorothy Becvar 314.645.6358
Margaret Gerner, MSW	Stiger Funeral Home	Certified Grief Counselor	636-978-2368
Life Crisis		24 Hour Crisis Line	314-647-4357

			Spanish Line: 314-647-1150
Mental Health Association of Greater Saint Louis	1905 S. Grand Blvd. St. Louis, MO 63104		314-773-1399
West County Psychological Association	West County Psychological Association 12125 Woodcrest Executive Dr. Ste. 110 Creve Coeur, MO 63141		314-275-8599 Susie Fagan
Provident Counseling	2650 Olive Blvd. St. Louis, MO 63103	Sliding scale fees	314-533-8200
Virginia Eades			636-527-3500
Jeff Piper, MSW	Supportive Counseling/Insight Oriented Psychotherapy 4500 West Pine Street St. Louis, MO 63108	Specialty: Grief, Anger, Anxiety, and Depression.	314-361-5983