

What Can Happen if I Don't Treat My High Blood Pressure?

High blood pressure is called the **“silent killer”** because it usually has *no symptoms*.

Some people do not know they have high blood pressure until they have **serious health problems** with their brain, eyes, heart, or kidneys.

Your Brain



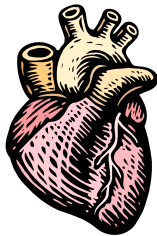
Small bulges (aneurysms) will form in blood vessels. If an aneurysm bursts, it can lead to **stroke** or **death**.

Your Eyes



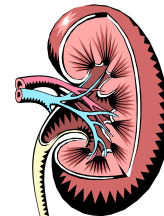
Aneurysms in blood vessels may burst or bleed, which can **impair your vision** or cause **blindness**.

Your Heart



Blood vessels in the heart will “harden” faster. This may lead to a **heart attack** or **congestive heart failure**.

Your Kidneys



Blood vessels in the kidneys will narrow and “harden”. This may lead to **kidney failure**.