

Help PREVENT HIV

Educate Yourself and Others about HIV

Call St. Louis Effort for AIDS Hotline at (314) 645-6451
or METRO AIDS at (314) 612-5188.

Choose Abstinence

Abstinence is the *only* 100% sure way to prevent
the spread of HIV through sex.

If you do Have Sex, Know the HIV Status of Your Partner

Talk with your partner *before* you're sexually involved.

Do Not Share Needles or Syringes

This includes needles for intravenous drugs, tattoos,
or body piercings. If you need help with a drug problem,
call the National Drug and Alcohol Treatment Hotline at
(800) 662-4357.

Get Tested Annually to Know Your Status

Check out the "Get Tested!!!" section of this bulletin board
for local HIV testing services.