



# Heart Disease Statistics



1 out of every 5 people in the United States suffers from some form of cardiovascular disease:

High Blood Pressure.....	50 million
Coronary Heart Disease.....	13.2 million
Stroke.....	4.8 million
Congestive Heart Failure.....	4.5 million
Congenital Heart Defects.....	1 million

Cardiovascular disease is the #1 cause of death among men and women.

Stroke is the #1 cause of serious, long-term disability.

Someone dies from cardiovascular disease **every 34 seconds**.

Someone dies from stroke **every 3.3 minutes**.