



News Release

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FOR IMMEDIATE RELEASE
April 25, 2008

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St. John's Mercy Hospital and the Crider Health Center to offer Confidently Home Alone Workshop

St. John's Mercy Hospital and Crider Health Center are co-sponsoring the Confidently Home Alone workshop on Saturday, June 7, from 9 a.m. to 2 p.m. Children attend from 9 a.m. to 2 p.m., and parents attend from noon to 2 p.m. The workshop is for children age 9 – 13, who care for themselves alone part of the day.

Children will learn essential self-care and self-protection skills in this workshop, including how to handle emergencies, deal with phone calls and visitors, and protect themselves from sexual abuse. Parents and children will learn how to negotiate rules for when the children are home alone.

The fee for the program is \$30 for one child, \$40 for two children, and \$50 for three children from the same family. The workshop will be held in Classroom A of the Education Department, located on the first floor of the Mercy Medical Building, 851 E. Fifth Street, in Washington.

Parents are asked to send a sack lunch and a drink with their children.

Enrollment must be completed by Wednesday, May 28, and is limited to 18 children and their parents. For more information and to register, contact Educational Services, St. John's Mercy Hospital, at 636-239-8004.

St. John's Mercy Hospital is a member of the Sisters of Mercy Health System.

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