



News Release

901 E. Fifth Street
Washington, MO 63090
636-239-8000

FOR IMMEDIATE RELEASE

April 11, 2008

Contact:

Katie Burckhalter
Public Relations
636-239-8276/
314-251-6226

St. John's Mercy Hospital Wellness Program to Offer Massage for Couples

The St. John's Mercy Hospital Wellness Program is offering a Massage for Couples class on Monday, May 12, from 7 to 8:30 p.m., in the community room of St. John's Mercy Sports & Therapy, 1713 Heritage Hills Center in Washington. Participants will learn massage techniques to relax the neck, shoulders and back. They should bring two pillows to class. The cost is \$25 per couple and the class size is limited. To register with a spouse or friend, call 636-239-8858.

St. John's Mercy Hospital is a member of the Sisters of Mercy Health System.

###